



WORLD VEGETARIAN DAY

OCTOBER 1ST, 2019

Celebrate World Vegetarian Day by going meatless for a day - or longer! Are you up for the challenge?



Your cafeteria offers delicious meat-free options for breakfast & lunch!

Did You Know?

If you alone ate this way for one year, the environmental impact would be:



3,600
GALLONS
OF WATER
SAVED.



184 CAR
MILES
OF GREENHOUSE
GAS EMISSIONS
SAVED.



1,000
SQ. FEET
OF LAND
SAVED.